

*Palm Sunday*

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*Philippians 4:4-9*  
*John 12:1-18*

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*Homily by*  
*Dn. Joseph Ray*

*Epistle Reader:*  
*Jennifer Medders*

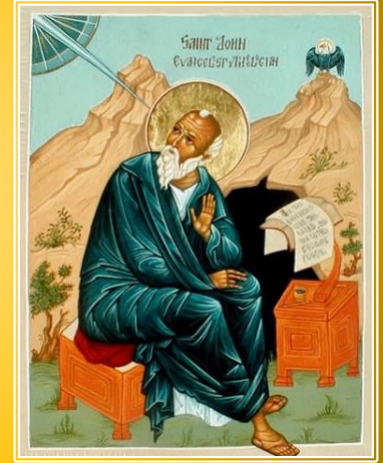
*Coffee Hour Hosts:*  
*B & M Johnson*  
*Alexander*

# *St. John Orthodox Cathedral*

## *Weekly Bulletin*



*Sunday, April 20, 2024*  
*And the Days Following*



*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

### *Feast Days and Services*

#### **Lazarus Saturday Services – April 26 & 27**

**Friday, April 26** – Little Compline with the Canon for Saint Lazarus (last day of Lent) at 7:15pm

**Saturday, April 27** – Divine Liturgy of Saint John Chrysostom at 9:15am with Baptisms of Frederick Bower, Genevieve Bower, Wiley Ray and Chrismation of Caleb Bower, and Victoria Bledsoe.



#### *Palm Sunday*

*Palm Sunday marks Jesus' triumphal entry into Jerusalem.*

*It also ushers in Holy Week.*

*Bridegroom Matins Sunday Evening, April 28 at 7:15pm (Confession Following)*

#### *Holy Week Schedule – [Link to Calendar](#)*

- ❖ Holy Monday, April 29, Bridegroom Matins at 7:15pm (*Confession Following*)
- ❖ Holy Tuesday, April 30 – Bridegroom Matins at 7:15pm (*Confession Following*)
- ❖ Holy Wednesday, May 1, Holy Unction Service at 7:15pm
- ❖ Holy Thursday, May 2, Vespertal Liturgy of St. Basil at 6:15pm
- ❖ Holy Friday, May 3, Matins with 12 Gospels 7:15am // Royal Hours at 12:15pm, 3:15pm
- ❖ Holy Friday, May 3, Great Vespers at 6:15pm with Veneration of the Shroud
- ❖ Holy Friday, May 3, All Night Vigil
- ❖ Holy Saturday, May 4, Matins at 7:15am with Lamentations & Procession with the Shroud
- ❖ Holy Saturday, May 4 Vespertal Liturgy of Saint Basil at 4:15pm

## Lazarus Saturday Workshop – April 27 at 5pm - Church Basement



Please come for soup, snacks, and “Lazarus” rolls. Then just choose a station to work at. Adults and kids welcome! Our goal is to finish binding all the palms and Pussy Willows as well as make palm crosses for the congregation. We’d love your help! And thank you to all the volunteers helping make this workshop happen! —Contact Cara Fletes for questions.

## Holy Wednesday May 1 – The Anointing Service at 7:15pm

This service is for the anointing of the sick for Orthodox Christians. Seven epistles and gospels will be read with the anointing afterwards. It is about 100 minutes long.

## All Night Vigil May 3 & 4 – Holy Friday and Saturday

Sign-up sheets will be put out on the table in the Narthex. Please note younger people need to have a monitor sign-up to supervise the Friday Night and Saturday morning Vigil.

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## *Easter Feast - May 5, 2024*



This year Sydney Ihde is coordinating the Easter Feast, so please reach out to her with any questions at (907) 854-5517. The theme this year is Mexican cuisine/meats with pre-made margaritas. Please, remember to contribute with a suggested donation of \$20 or more as mentioned for each family. It is important for everyone to help in this way so we can continue to make the Easter Feast special and a great memory for our kids and parishioners for years to come. Thank you SO much to the many who have signed up for teams, this will be a great feast and we look forward to celebrating with everyone — Sydney Ihde

## Sign-Up Sheets

*Note: A list to sign up for appetizers was accidentally left off the sign-up table and is now available.*

Look for **the Easter feast potluck sign-up sheets** in the church basement. If possible, please sign up to bring two dishes (*a salad, side, appetizer and/or dessert large enough to serve 12 people*). Bring dishes to the church kitchen before the Agape Vespers on Pascha. Empty dishes will be placed on a table outside the kitchen to be collected after the feast. There is a sign up for volunteers to help in the kitchen on the day of the feast as well, so please consider helping in that way if you can. Thank you so much! If you have any questions, please let us know. — Mary Ruth Alexander (907-854-4828) & Hannah Hanna (907-315-7572)

## Pascha Egg Hunt

We will have the Pascha Egg Hunt immediately following Agape Vespers (and the Procession to the Cemetery) on Pascha afternoon. All children through age 12 are welcome! Meet outside the upstairs main church entrance where kids will be divided into groups according to age. Hopefully, weather, and outside conditions will allow for outdoor egg hunting so dress accordingly! Also, bring baskets or bags for collecting eggs. If you have any questions, feel free to contact Kristine Lindblom (907-887-3398) or Jennifer Saur (907-726-7388).



**Bright Monday Cleanup** – If you are coming to help with wax removal, check in with Jennifer Gillquist.

Bring irons, extension cords and brown paper bags. We need to be finished no later than noon for the service at 12:15pm - so please come sooner than later.

Hannah Johnson will oversee the basement cleaning and prepping lunch with leftovers from the Feast. The grill cleaning team is Anthony Fletes and Eric Johnson.

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*~Remember to Turn In Your ‘Food For Hungry Boxes’ This Week~*

## Free Children's Story Books Sunday at Coffee Hour

The Church library is getting rid of some children's story books. These will be placed on a table at Coffee Hour on Sunday for families to look at and take home any they want. Mostly they are paperback Bible stories and stories about saints.

## Job Opportunity: Cleaner of Cathedral Guest Rooms

Our Cathedral Parish has offered hospitality to many guests over the years, and we already have guests asking to use our guest rooms this summer. We have two guest rooms in the Maranatha House and in the summer, we also have two guest rooms at the school.

**We need to hire someone to clean these guest rooms as soon as guests leave and have them ready for the next guest or the unexpected guest.** The pay is hourly and cleaning supplies are provided. The cleaner would coordinate with Eric and Hannah Johnson who keep the guest calendar. We are looking for someone who has cleaning experience and an eye for making our guest rooms look pleasant and welcoming. Through the summer this might average 4-5 hours per week. If you are interested, please contact Eric Johnson at [eric.johnson2114@gmail.com](mailto:eric.johnson2114@gmail.com) or 907-232-2772. This is a valuable service to our parish and to our guests who come to visit.



### Coffee Hour This Sunday - April 28 Group D - Fourth Sunday of the Month

**Hosts Families: B & M Johnson & Alexander**

Alexander, Arvidson, Clodfelter, Dougherty, Dunaway, Dyal, Fletes, Haines, Hightower, B & M Johnson, Jones, Kies, Lamb, Mee, Moses, Palmer, Parker, Ray, Snider, Stogsdill, I. Temple, Terrell, Van Dyke, Webster

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**May 5 - Pascha**  
No Coffee Hour

*New Coffee Hour  
'Hosting' List*

## Upcoming Women's Retreat

We have been working hard on the upcoming Women's Retreat and we have a fantastic line up of speakers and activities planned! We're going to talk about the ins and outs of motherhood - ourselves as mothers, our own mothers, and what we can learn from stories of mothers in the Bible.

The retreat is scheduled for **May 24-25 at Beach Lake lodge**. The cost is \$20. But please don't let the cost be a deterrent from coming. Reach out to Sydney Ihde and we will work something out.

**We are trying to get as accurate of a head count as possible so we can predict what our costs will be. Please text Sydney Ihde at 907-854-5517. Our cutoff for signing up is April 20th. So please let us know you're coming!**

Looking forward to seeing you!

THE SISTERS OF  
MARY & MARTHA

2024  
Women's  
Retreat

at Beach  
Lake Lodge

FRIDAY, **MAY 24TH** 4PM-9PM &  
SATURDAY, **MAY 25TH** 8AM-4PM

Please join the Sisters of Mary & Martha for fellowship,  
friends, and reflections on motherhood.

- Meals provided
- Limited overnight options available
- Women ages 18+ welcome
- Cost is \$20

RSVP TO SYDNEY IHDE  
907-854-5517

## News From Our Antiochian Archdiocese

- ❖ Writings by Metropolitan Saba: [“Holy Week and Us”](#)
- ❖ April’s Newsletter [Link](#)

His Eminence  
The Most Reverend  
Metropolitan SABA



Archbishop of New York  
and Metropolitan of  
All North America

### ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

**Prot. no.:** 157/2024

Palm Sunday  
April 28, 2024

**To be read from the pulpit and printed in the bulletin.**

Venerable Hierarchs, Reverend Clergy, and Christ-loving Faithful of this Archdiocese,

May you have much joy on this glorious feast of Palm Sunday!

Today we see Christ riding triumphantly into the Holy City of Jerusalem and the crowds welcoming Him with praise and loving service, as they shout “Hosanna!” and lay down palm branches and even their own clothes as a carpet for His entrance. Let us likewise open our hearts to Him and welcome Him into our lives. Let us praise Him not just with hymns at church but also by confessing His goodness in our daily prayers and in our conversations with others. Let us lay down for Him a welcoming carpet of generous deeds toward our neighbors and faithful obedience toward Him. May we thus receive Him to rule in our hearts as our delivering King, and may we remain loyal to Him in word and deed—not betraying and abandoning Him, like the crowds in Jerusalem long ago.

As is our custom in this archdiocese, today we also remember our Father in Christ, His Beatitude Patriarch John X, and all our brothers and sisters of the Patriarchate of Antioch in its historic homeland of the Middle East. As we proclaim this ancient Faith in the New World, they are keeping it alive in the apostolic and historic places of its beginnings. Yet many of them continue to suffer from the aftermath of wars, disasters, and economic collapse. For this reason, we invite you to contribute today toward the patriarchate and its humanitarian work. Through your donations you can provide some comfort to our brothers and sisters in need, showing solidarity with them as one Body in Christ. Please give generously.

Wishing you all a deeply meaningful Holy Week and a glorious Pascha, I remain,

Yours in Christ,



✠ SABA

Archbishop of New York and Metropolitan of All North America

*“The disciples were first called Christians in Antioch” (Acts 11: 26)*

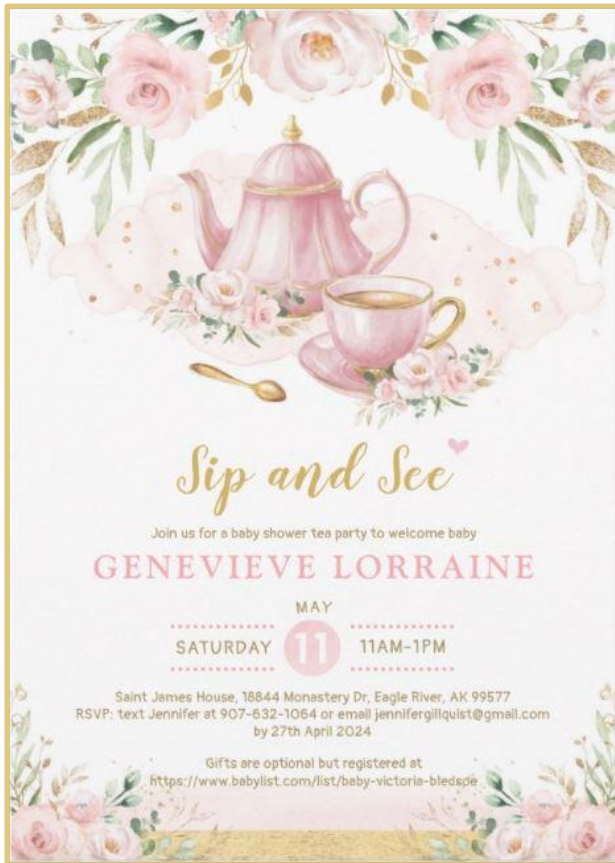
358 Mountain Road, P.O. Box 5238, Englewood, NJ 07631-5238  
(201) 871-1355 T Archdiocese@antiochian.org (201) 871-7954 F

## ‘Brothers of Lazarus’



Tim Mellor meets with men who want to be a part of the ‘Brothers of Lazarus.’ The Brothers of Lazarus is a fellowship of volunteer ‘handy men,’ focused on the upkeep, care, maintenance, and improvement of our Cathedral buildings and properties, and on other special needs, putting their personal skills and experience to work for the

Lord and His Church. The Brothers of Lazarus are men whose family and work responsibilities allow them time and energy to volunteer. It is not intended to replace the work of skilled contractors or hired laborers.



## Sip and See Baby Shower for Genevieve Lorraine Bower May 11 – 11:00am to 1:00pm at the St. James House

RSVP: Text Jennifer Gillquist at 907-632-1064 or email [jennifergillquist@gmail.com](mailto:jennifergillquist@gmail.com) by April 27<sup>th</sup>.

Gifts are optional but we are registered [HERE](#).

## Dates to Remember

### Birthdays This Week

April 28 - Brian Okuley

April 29 - Levi Curry

May 1 - Teri Van Dyke

May 4 - Henry Ihde

May 5 - Mary Greene

May 5 - Riley Hanna

*M A N Y Y E A R S !*



### Anniversaries this Week

Fr. Robert & Kh. Colleen Polson - May 1, 1982

David & Kristine Lindblom - May 3, 2002

*M A N Y Y E A R S !*



### Remembering in Prayer...

*Janet Hawi*

*Judi Hoyt*

*Bill Cook*

*Gale Armstrong*

*Eloise Lamb*

*Elisa Betson*

*Jennifer Medders*

*Tisha Dunham*

*We will continue to pray for all those suffering in Ukraine and for all those suffering in Israel and Gaza, for a quick end to war and for peace*



### Remembering Those Who Have Fallen Asleep This Month



\* Infant Lazarus Frizelle - May 1, 2018

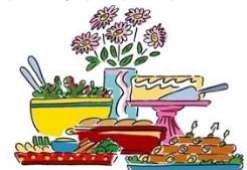
\* Abner Picon - May 1, 2016

\* Presbyter Garland Peters - May 6, 1979

\* Infant Benjamin Ray - May 12, 2022

### Clare House Meal - 4th Saturday of Each Month

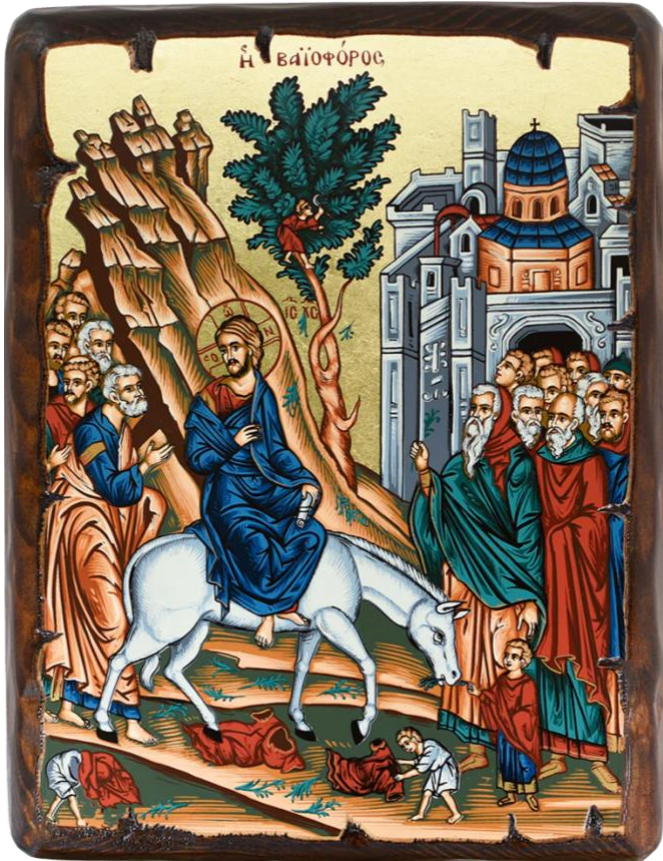
For the Month of **MAY** – our scheduled meal that we provide Clare House is:  
**Saturday, May 25.** Contact Cara Fletes to see how you can help.



*~ No Reading Groups This Week ~*

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## THE SYNAXARION



### Palm Sunday

On this day in the Holy Orthodox Church, the Sunday of Palms, we celebrate the radiant and glorious festival of the Entrance of our Lord Jesus Christ into Jerusalem.

#### *Verses*

*He Who stretches out the firmament and sat on  
the foal,  
Seeks to release mortals from their sinful  
passions.*

Jesus came to Bethany on the Sunday before the six days of the Mosaic Passover. On the following day He sent out two of His Disciples, who brought Him a donkey on which He sat to enter the city. And when the great multitude heard that Jesus was coming to Jerusalem, they immediately took palm branches in their hands and went out to meet Him. They all cried, "Hosanna! Blessed is He Who comes in the Name of the Lord, the King of Israel!" The branches of palm trees were a symbol of Christ's victory over Satan and Death. And "Hosanna" means "We pray You, save us!" The donkey's colt, which was still an untamed animal and impure according to the law, as well as Christ's sitting on it, symbolizes the former barbarity and impurity of the Gentiles; and the subsequent taming of them and their obedience to the holy law of the Gospel.

By Your ineffable compassion, O Christ our God, make us victors over the worldly passions, and make us worthy to see Your glorious victory over death, and Your radiant and life-bearing Resurrection, and have mercy on us. Amen.

#### **Bulletin Announcement Guidelines**

Send announcements to church email address: [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com). Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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### **Saint John Orthodox Cathedral**

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Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson